

ACADEMY OF CHINESE MEDICINE, SINGAPORE
Annual Report for Year Ended 31 December 2018

The Academy was set up on 28.10.2014 as a society. It was registered under the Charities Act on 17.09.2018.

Unique Entity Number (UEN) : T14SS0164C

Registered Address : 705 Serangoon Road, Singapore 328127

Governing Executive Council Members :

| <u>Name</u> | <u>Designation</u> | <u>Date of Appointment</u> |
|---------------------------|--------------------------------|----------------------------|
| Dr Ang Liang | President | 25.03.2018 |
| Dr Yong Choon Lian | Vice-President | 25.03.2018 |
| Mr Sng Kia Heok | 2 nd Vice-President | 25.03.2018 |
| Dr Koh Chin Aik | General Secretary | 25.03.2018 |
| Dr Koh Hin Ling | Assistant General Secretary | 25.03.2018 |
| Dr Ong Poh Hong | Assistant General Secretary | 25.03.2018 |
| Mr Fong Cheng Ek | Treasurer | 25.03.2018 |
| Mr Ang Wee Hiong | Council Member | 25.03.2018 |
| Prof Ho Lai Yun | Council Member | 25.03.2018 |
| Mr Low Wong Fook | Council Member | 25.03.2018 |
| Senior Judge Lai Sui Choo | Council Member | 25.03.2018 |
| Prof Lim Shih Hui | Council Member | 25.03.2018 |
| Mr Tan Lee Huak | Council Member | 25.03.2018 |

Advisory Board Members :

| <u>Name</u> | <u>Designation</u> | <u>Date of Appointment</u> |
|-------------------|-----------------------|----------------------------|
| Prof Su Guaning | Chairman | 01.04.2018 |
| Mr Tay Beng Chuan | Advisory Board Member | 01.04.2018 |
| Ms Claire Chiang | Advisory Board Member | 01.04.2018 |
| Prof Zhang Boli | Advisory Board Member | 01.04.2018 |
| Prof Sun Zhongren | Advisory Board Member | 10.04.2017 |
| Mr Choo Si Sen | Advisory Board Member | 01.08.2017 |
| Mr Hsieh Fu Hua | Advisory Board Member | 01.10.2017 |
| Prof Hong Hai | Advisory Board Member | 01.10.2017 |
| Mr Tan Sek Khee | Advisory Board Member | 01.12.2017 |

Banker : United Overseas Bank Ltd

Auditor : Chew Whye Lee PAC

OBJECTIVE

The objectives of the Academy are as follows: -

- (1) To promote and safeguard the highest standards of professional practice in Traditional Chinese Medicine (TCM) and a high code of ethical conduct amongst its members, for the purposes of advancing TCM practice.
- (2) To sustain and foster TCM postgraduate education.
- (3) To encourage, reward and propel TCM research.
- (4) To foster science-related disciplines so as to boost closer exchange between Traditional Chinese and Western Medicine Practitioners.
- (5) To provide a link between local and foreign TCM organizations so as to launch international medical exchange and co-operation in education, training, and research.

POLICIES

Funding Sources

The Academy is financially supported by fees from members, events, workshop, donation and government grants.

The Academy Scholarship and Research fund has been set up with the Community Foundation of Singapore (CFS).

Memberships

The Academy is open to all Singapore registered TCM practitioners who hold a recognised higher degree in TCM. In 2018, we have 115 members and 2 Corporate members. Continuing Professional Education (CPE) talks, seminar, workshop and conference are also conducted for the practitioners in pursuing of the objectives of the Academy.

REVIEW OF YEAR 2018

Staffing

As at 31.12.2018, there are 3 full-time administrative staff employed by the Academy.

Activities

Postgraduate Scholarship:

The following are awarded the Postgraduate Scholarship 2018:

- 1) Goh Xin Yi (Master of Public Health - National University of Singapore)
- 2) Tan Wan Yan Victoria (MSc of Pharmaceutical Sciences & Technology - National University of Singapore)

The next Postgraduate Scholarship 2019 will be opened for application by end of the year.

Research:

In Collaboration with Changi General Hospital (A&E Department) on the following:

- i. Project Title: Clinical Trail of Acupuncture as Adjunct Therapy in The Short Stay Unit of The Emergency Department For
 - Patients with Acute Lower Back Pain 急性腰痛
 - Patients with Gastroenteritis 急性肠胃炎
 - Patients with Acute Asthma 急性哮喘

In November 2018, the Academy had co-organised with Kwong Wai Shui Hospital, invited Dr. Yang Junli of Heilongjiang University of Traditional Chinese Medicine to conduct clinical training and acupuncture workshop to 10 of our selected physicians who will participate in the CGH project.

The CGH project is expected to commence by 2nd quarter of 2019.

- ii. Pilot Study of Renal Powder Supplement(补肾粉)

In Collaboration with Clinical Trails Research Unit (CTRU) at Changi General Hospital, to conduct clinical safety tests for renal powder and the application for the Health Sciences Authority (HSA) - Clinical Trial Certificate (CTC) is in progress.

In collaboration with Temasek Polytechnic

The Academy has collaborated with Temasek Polytechnic to compile the "Singapore's Monograph on Chinese Herbal medicine and Traditional Chinese Medicine".

Calendar of Events

- ▶ 18.03.2018 CPE Talk 《中医针灸讲座会》
- ▶ 25.03.2018 2018 年常年会员大会
- ▶ 20.05.2018 CPE Talk 《中西医结合治疗肠易激综合征》
- ▶ 22.07.2018 Conference 《世界中西医儿科国际学术交流大会暨世界中联第十届中医儿科国际学术交流大会》
- ▶ 23.09.2018 CPE Talk 《西医针对常见肾病的检查及常规治疗暨中医治疗肾病的临床经验及注意事项》
- ▶ 16 - 24.11.2018 Clinical Research Training by Dr Yang Junli
- ▶ 25.11.2018 CPE Talk 《中医治未病调控亚健康特色技术》
- ▶ 09.12.2018 CPE Talk 《中医与西药对湿疹、银屑病的诊断与治疗》

Activities In Progress

Education

- **Tradition Chinese Medicine Specialist System(中医专科医师制度)**

A committee is setup on constructing the TCM system with a structured specialization system.

- **Clinical Mentorship Programme (师带徒)**

A committee is setup on to plan and monitor the Clinical Mentorship Programme with Heilongjiang University of Chinese Medicine.

- **International Conference 2020**

The Academy has planned to organise an International Conference in every two years. As such, the 2020 conference committee has been set up to co-ordinate the operation of the conference.

Fundraising Event

The Academy is planning a fundraising dinner end 2019 in order to raise fund for the daily operation and running of the Academy.

The fundraising committee has also been set up in order to assist the planning of the event.

REVIEW OF FINANCIAL STATE AND EXPLANATION OF MAJOR FINANCIAL TRANSACTIONS

The Academy has a deficit of \$123,213 which arises due to:

- (i) the lack of sponsor donation in 2018,
- (ii) the losses in the first International Conference organised in July, and
- (iii) increase in operating costs and headcount.

REVIEW AND CHANGES IN THE OBJECTIVE IN THE CONSTITUTION

The Constitution of the Academy has been amended with the approval from Commissioner of Charities and Registrar of Societies in lines with the Charities status granted in September 2018.

FUTURE PLANS AND COMMITMENTS

To award Fellowship to practitioners who have made outstanding contributions to TCM
Collaborate with other TCM organisations to set up criteria for specialization, and a system of promotion.

To establish a research fund which will be opened to all TCM or Western medicine researchers who are interest to do high quality TCM research in Singapore. Provide scholarship or bursary to interested qualifying practitioners to do postgraduate programs.

To conduct professional TCM continuing education and to publish high quality TCM Journals so as to assert professional status and upgrade clinical skills of our local TCM practitioners.

Invite overseas or local experts to conduct seminars or conferences on integrative medicine, encourage discussion so as to promote exchanges between TCM and Western medicine practitioners. To bridge the local and overseas TCM organisations/institutions and also launch international medical exchanges or cooperation in the field of education, training and research. With these projects, we hope to pave the way to having integrative medicine in Singapore healthcare system in the future.